

Rockland Area Meeting List (Updated April 2026)

Sunday

10am-11:15 Congers- **Rise & Shine** O, ST, P
Veterans Memorial Hall, 60 Lake Road

5:30pm Pearl River- **Reawakening** O, T
1 Hour Good Shepherd Church, 112 North Main St.

Virtual Meeting Sunday

6pm-7:30 **One Block Over** C,
RF
11/2 Hours Zoom ID: 772 713 5256 pw: oneblock

Monday

7:00-8:00pm Sparkill **Spark of Hope** LC, C, D,
1 Hour Christ Episcopal, 14 Union St. (corner bldg.)

730pm Haverstraw **Back to Basics** O, B, WC, SP,
1¼ Hour Haverstraw Center 50 W. Broad St.

Tuesday

530pm Blauvelt- **Change or Die** O, B, WC, SP
1 Hour Quakers Friends Building, 60 Leber Road

Wednesday

7:30pm-8:45pm Nyack- **Starting Over** C, SP, T, D
1 ¼ Hour Grace Episcopal Church, 130 1st Ave.

Thursday

7:30pm Spring Valley **Basic Text Study Group**
BT, O, B, D
1 Hour Salvation Army, 179 N. Main Street

Friday

730pm Nyack- **Choice is Ours** B, JFT, SP,
11/4 Hour Grace Episcopal Church, 130 1st Ave.

Virtual Meeting Friday

9:00 pm **Solution Seekers** C, SP, SPAD, ST, D
1 Hour Zoom ID: 142 863 542 pw: 142863

Saturday

10am Congers – **No Excuses** C, JFT, P
1 Hour Veterans Memorial Hall, 60 Lake Road

5:30pm Nanuet **The Way It Works**
1 Hour 25 Smith St., Suite 107 (back of bldg.)

7:30pm-8:45 Nyack – **Staying Alive Saturday**
Night O, SP, D
Grace Episcopal Church, 130 1st Ave.

Virtual Meeting Saturday

8 pm **No Matter What Group** O, SP, T, D
1 hour ID: 846 5123 5625 pw:555575

Service meetings (All Virtual)

1st Tuesday of every Month
730 pm **Rockland Area Service**
Zoom ID: 142 863 542
pw: 142863

2nd Tuesday of Month
Public Relations 7:30
Zoom ID: 142 863 542
pw: 142863

3rd Tuesday of every Month
730 pm **Hospitals & Institutions (H&I)**
Zoom ID: 142 863 542 pw: 142863

4th Tuesday of every Month
07:30 pm **Events & Activities**
Zoom ID: 142 863 542 pw: 142863

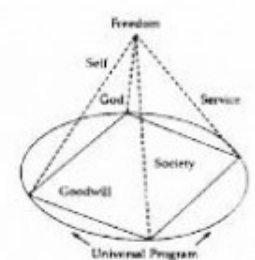
Meeting Legend

B- Beginner	O-Open BT-
Basic Text	P-Pitch
C- Closed	RF-Rotating Format
D- Discussion	ST- Step Mtg
WC-Wheelchair Accessible	
JFT- Just for Today	T-Topic
LC- Living Clean	SP-Speaker
SPAD- Spiritual Principle a Day	

Please there is NO Smoking allowed
at any of the meeting facilities,
follow group guidelines for details.

My Gratitude Speaks When I Care
and Share the NA Way

WE DO RECOVER!



Greater New York

For up-to-date meetings in the Greater
NY Area

New York State meeting
list at newyorkna.org
Please search Upstate meetings tab

Narcotics Anonymous Literature can also be purchased on Regional Website.

---Worldwide virtual meetings
available at **Virtual-na.org**

Na World Services - **NAWS**
na.org for worldwide meeting info,
resources, literature, events, etc...

Name

Phone Number[illegible]

MAKE THAT CALL BEFORE YOU USE!

**Our message is that an addict, any addict,
can stop using drugs, lose the desire to
use, & find a new way to live.
Our message is hope & the promise of
freedom.**



**Rockland Area,
NY Narcotics
Anonymous
Meeting List April 2026**

24 Hour Helpline
212-929-NANA (6262)

**Please Refer to our Website-
rocklandnarcoticsanonymous.org
email-rocklandna@gmail.com**