<u>Rockland Area Meeting List</u> (Updated March 2023)

Sunday

10amCongers- Rise & ShineO, ST, P1 HourVeterans Memorial Hall, 60 Lake Road

530pm Pearl River- Reawakening's O, T1 Hour Good Shepherd Church,112 North Main St.

<u>Virtual Meeting Sunday</u> 6pm One Block Over O, RF 11/2 Hours Zoom ID: 772 713 5256 pw oneblock

Monday

730pm Haverstraw **Back to Basics** O,B,WC,SP, D 1 ¹/₄ Hour Haverstraw Center 50 W. Broad St.

Tuesday

530pm Blauvelt- Change or Die O, ST 1-3,SP,T, (5th Tuesday JFT)
1 Hour Quakers Friends Building 60 Leber Road

Wednesday

8pm Nyack- **Starting Over** C,SP,T,D 1 ¹/₄ Hour Grace Episcopal Church, 130 1st Ave.

Thursday

530pm New City- **Freedom Fighters** O,SPAD,SP 1 Hour United Methodist Church, 76 Congers Rd..

<u>Friday</u>

730pm Nyack- **Choice is Ours** B, JFT, SP, 11/4 Hour Grace Episcopal Church, 130 1st Ave.

Virtual Meeting Friday

9 pm Solution Seekers C, SP, T 1 ¼ Hour Zoom ID: 882 0404 1558 pw 454283

<u>Saturday</u>

10am Congers – No Excuses C, JFT, P1 Hour Veterans Memorial Hall, 60 Lake Road

7pm Nanuet – **Staying Alive** O, B 1 ¼ Hour RCAAD 25 Smith Street Suite 101

8pm Nyack – **Saturday Night Alive** O, SP, D 1 Hour Grace Church, 130 1st Ave.

Virtual Meeting Saturday

8 pm **No Matter What Group** O, SP, T, D 1 hour Zoom ID:859 7114 6718 pw 555575

Service meetings (All Virtual)

1st Tuesday of every Month 730 pm **Rockland Area Service** 821 1121 0420 pw allinarow

2nd Tuesday of Month **Public Relations** 7:30pm (Pw: PR2022)

<u>3rd Tuesday of every Month</u> 730 pm <u>Hospitals & Institutions (H&I)</u> 852 2528 1993 pw HI2021

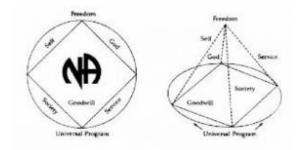
4th Tuesday of every Month730 pmEvents & Activities837 2954 2075 pw EA2021

Meeting LegendB- BeginnerO-OpenBT- Basic TextP-PitchC- ClosedRF-Rotating FormatD- DiscussionST- Step MtgWC-Wheelchair AccessibleJFT- Just for TodayJFT- Just for TodayT-TopicLC- Living CleanSP-SpeakerSPAD- Spiritual Principle a Day

<u>Please there is NO Smoking allowed</u> <u>at any of the meeting facilities,</u> <u>follow group guidelines for details.</u>

<u>My Gratitude Speaks When I Care</u> <u>and Share the NA Way</u>

WE DO RECOVER!



Other NA info

Greater New York Region

Webpage-newyorkna.org For up to date meetings in the NY Area

New York State meeting list at newyorkna.org Please search Upstate meetings tab

Narcotics Anonymous Literature can also be purchased on Regional Website.

Worldwide virtual meetings available at Virtual-na.org

Na World Services Na.org for worldwide meeting info

Dial em, don't file em

<u>Name</u>

Phone Number

Our message is that an addict, any addict, can stop using drugs, lose the desire to use, & find a new way to live. Our promise is hope & the promise of freedom.



Rockland Area, NY

Narcotics Anonymous

Meetings 2023

24 Hour Helpline 212-929-NANA (6262)

Websiterocklandnarcoticsanonymous.org eail-rocklandna@gmail.com

Please refer to our website, rocklandnarcoticsanonymous.org